



Setting up a TMS Clinic

Daniel Press, M.D.

Assistant Professor in Neurology,

Harvard Medical School and

Beth Israel Deaconess Medical Center



Contents

- Safety and training of personnel
 - Equipment
 - Certification
 - Evaluation and Consent
 - Treatment Protocol
 - Assessment
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 - Cost/Billing
 - Future Developments
- Starting program
- Managing patients
- Long term plans

Setting up a TMS treatment Program

Safety.

1. Protocols for TMS and management of seizure
2. Safety equipment
3. Patient Screening

Training.

1. Program Director
2. Psychiatrist
3. TMS Technician

Equipment.

1. Rapid stimulator
2. Safety equipment
3. Supplies

Certification

1. FDA-cleared device
2. Local safety committee/ IRB
3. Informed consent



Personnel

- Clinicians (Neurology / Psychiatry)
- Administrative support
 - Scheduling
 - Providing information to prospective patients
 - Data collection
- Technicians
 - TMS trained
 - Basic Life Support
 - Patient interaction

Safety

- Patient selection- seizure risk
- TMS protocol- 10-20hz vs. 1hz
- Safety equipment
 - In hospital
 - Clinic/outpatient setting
- Training of staff in management of seizures



Equipment

- TMS machine
 - Approved device options
 - Cooled coil
 - We use both neuronetics and magstim
- Earplugs and swimming cap
- Safety equipment
 - Tylenol
 - To treat a seizure
 - Emergency medical services



Neurostar TMS Therapy



Senstar™

Treatment Link

- Contact sensing
- Dose confirmation
- Surface field cancellation
- Hygiene barrier

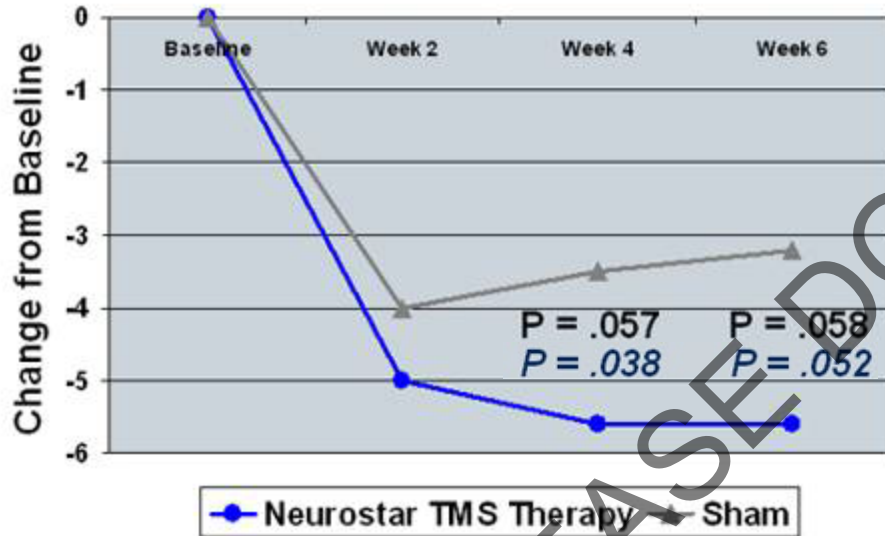


Effect on Continuous Outcomes

MADRS and HAMD24 Rating Scales

MADRS Total Score

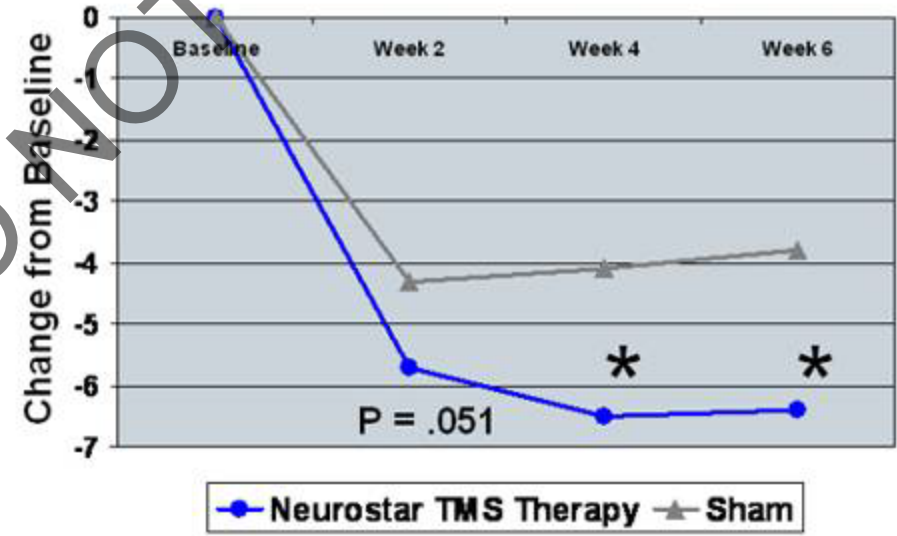
Baseline to Endpoint Change



...*P-Values with correction for baseline imbalance in Total MADRS Score*
[N=6 patients censored w/Total MADRS < 20 at baseline]

HAMD24 Total Score

Baseline to Endpoint Change



* $P < 0.05$, LOCF analysis

TMS Timeline

1984

1987

1996

2007

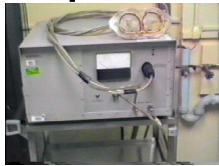
2008

2012

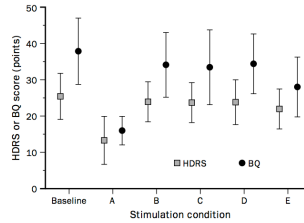
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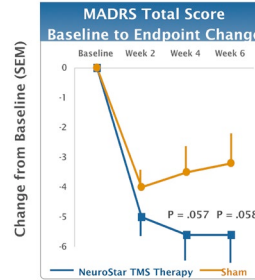
Anthony Barker
Single Pulse TMS



Cadwell
Repetitive TMS
(rTMS)



Pascual-Leone, et. al.
George, et. al.
rTMS for depression



Neuronetics Phase III
trial of rTMS for
Medication-resistant
depression

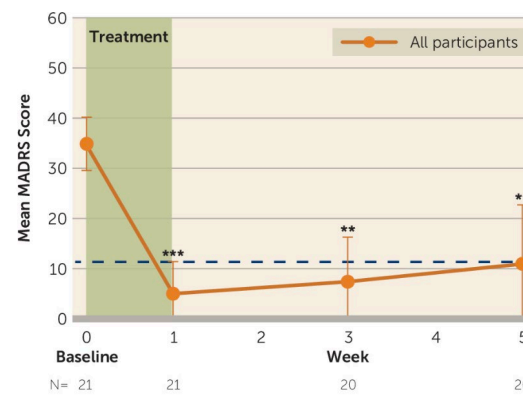
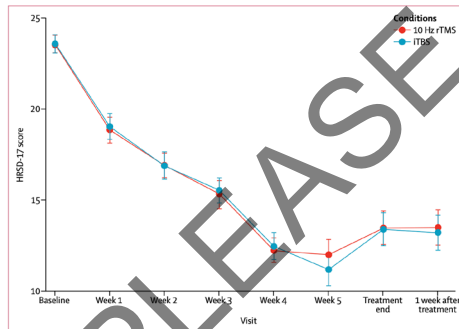
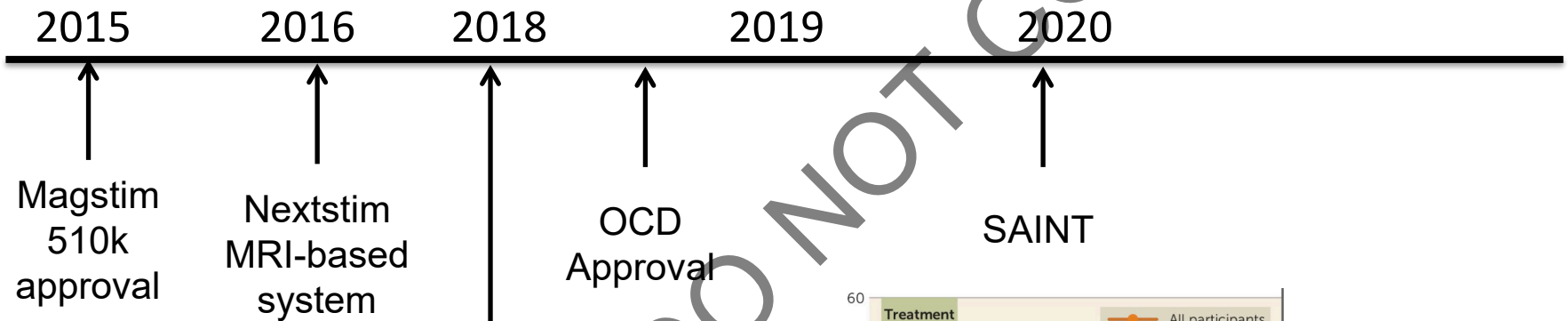
FDA
clearance

NHIC
Medicare
Approval
(MA, NH, VT
and RI)

Coverage from
Most insurers,
Brainsway
Clearance

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TMS Timeline 2014-present



Devices and Financial Models



Manuf.	Neuronetics	Brainsway	Magstim	Magventure	Nextstim
FDA cleared for depression:	Yes	Yes	Yes	yes	yes
Purchase model	Mixed (Purchase + starstim)	Rental	Purchase	Purchase	Mixed (purchase + tracker)



Initial Evaluation

- Referral from treating psychiatrist
- Neurology
 - Contraindications
 - Effect of medication on TMS
- Psychiatry
 - Caution if: Psychotic depression, bipolar, personality disorders
 - At least one adequate trial of antidepressant medication



Consent

- Local ethical/safety committee (not IRB!)
- Discussion of on-label vs. off-label treatment
- Explanation of side-effects
 - Seizure
 - Headache
 - Tinnitus/hearing loss

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BIDMC Treatment Protocol

Site	Hemisphere	Frequency	Duration	Wait time	Repetitions
Neuronetics	Left DLPFC (120% MT)	10 Hz	4 seconds	26 seconds	75 (3000 pulses)
DLPFC	Right (110% MT)	1 Hz	1600 seconds	N/A	1 (1600 pulses)
Brainsway	Left DLPFC (120% MT)	18 Hz	2 seconds	20 seconds	55 (1980 pulses)
DLPFC (5.5 cm)	Left DLPFC (110% MT)	20 Hz	2 seconds	28 seconds	40 (1600 pulses)



Initiation Phase

- Treatments daily (excluding weekends)
- Mood assessed weekly
- Minimum 2 weeks
- Maximum 6 weeks
- Taper?

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Alternatives being investigated

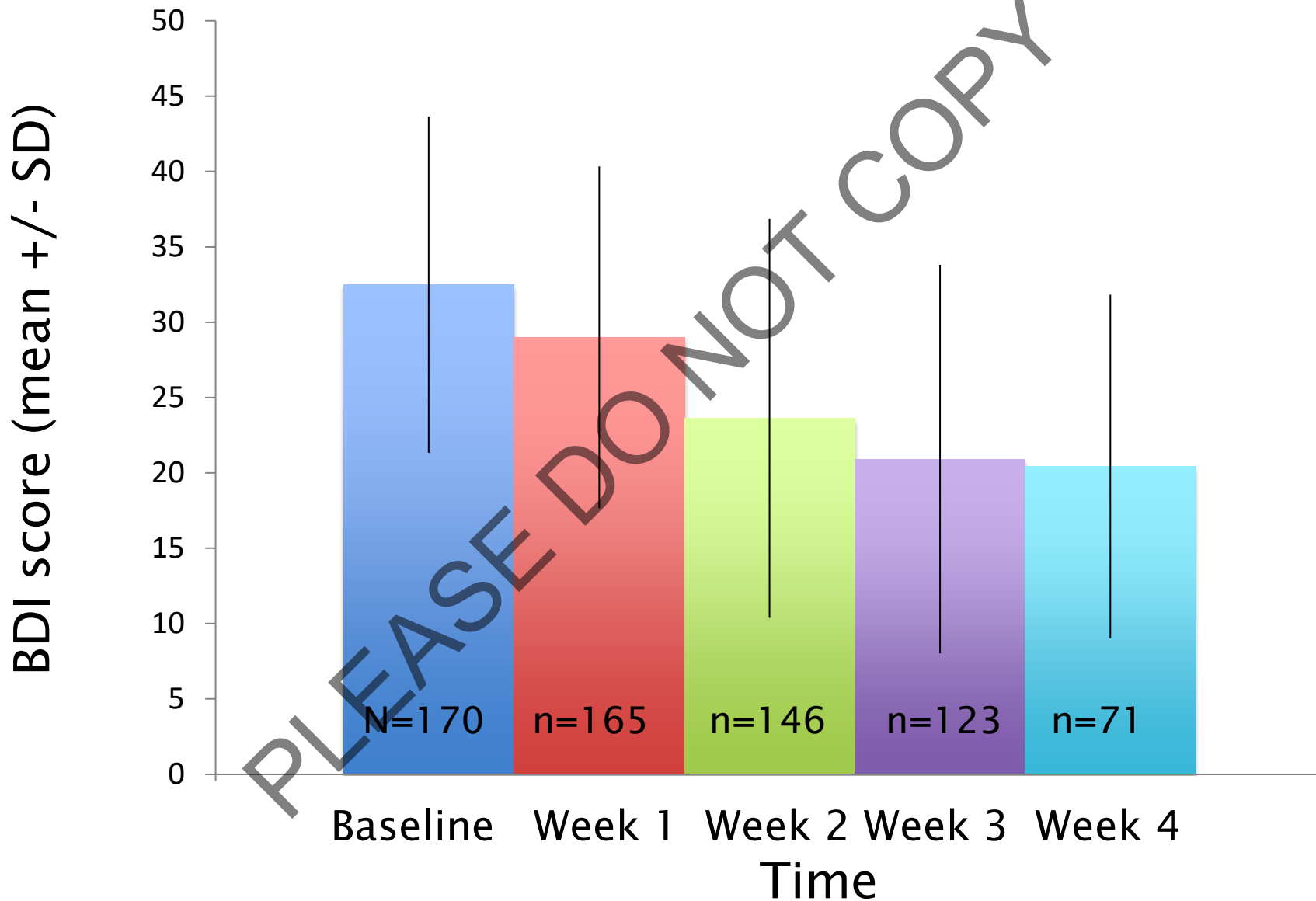
- Choosing protocol on symptom profile (anxiosomatic vs. dysphoric Siddiqi et. al)
- Using MRI guidance for targeting
- SAINT
- Pharmacology (d-cycloserine)



Assessment tools

- Beck, Hamilton, Visual-analogue scale
- Target symptoms
- Clinician evaluation of patient
- Other sources of information (e.g. family, referring psychiatrist)
- Side effects questionnaire
- Weekly meeting of all staff to discuss progress

Overall Results from Clinical Program





Maintenance Phase

- Minimal evidence (absence of evidence, not evidence of absence)
- Relapse prevention
 - Start with weekly treatment
 - Gradually space out sessions
- “Watchful Waiting”/reinduction
 - Patient presents when feeling worse
- “Continuation” vs. “Maintenance”



Maintenance:



Reinduction:



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Cost

- Medicare coverage across USA
- Insurance Coverage
- \$400-\$500 initial session with MT, then \$350-\$400 non-MT session
- How frequently to measure MT?
- Helping with reimbursement, creating fund for low income patients

Reimbursement for TMS

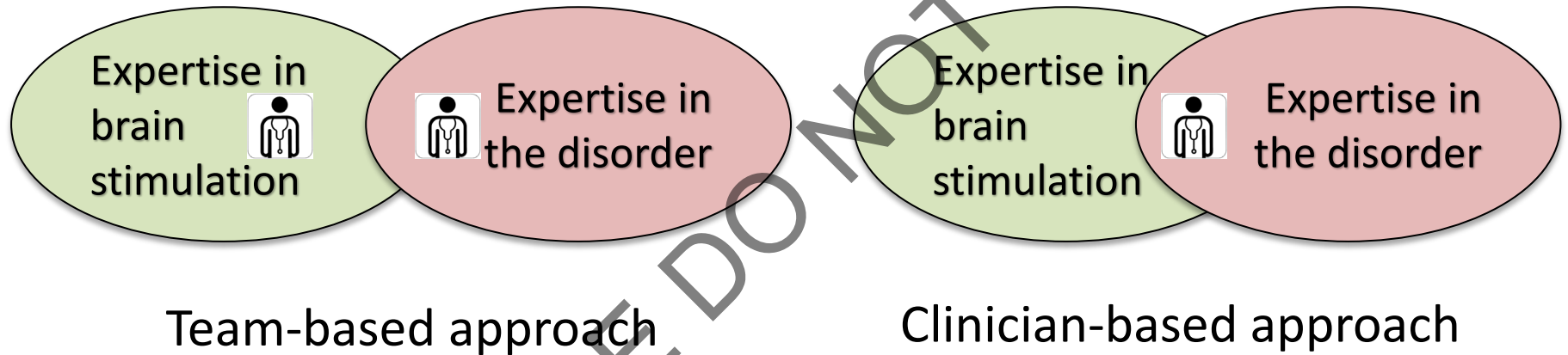
- Currently its approved by most payers (Medicare, BC/BS, Tufts)
- Each carrier has slightly different criteria
- New devices are coming on line

Percent Improvement (NIBS – Sham)

0 10 20 30 40 50 60



Model for therapy



Clinical Standards Committee of Clinical TMS Society

Future Developments

- Targeting (use of structural MRI's and fMRI's for intensity and targeting?)
- Interaction of rTMS with medications
- Predictors of response
- Monitoring response biologically
- Other indications (pain, seizures, stroke recovery, Parkinson's disease)

Questions?

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